

## MENU

Our menu may contain or come into contact with wheat, eggs, peanuts, tree nut & milk.

Some main dishes can be made GF upon request.

Please discuss any dietary requirements with the

supervisor.



## MENU

#### PRE-STARTER

#### SELECTION OF HOMEMADE BREADS TO SHARE

Served with olive oil, butters & olives £8.00 (V)(VG)

#### S T A R T E R S

#### CHICKEN LIVER PATÉ

Served with red onion chutney & toasted brioche £7.00

## HOMEMADE SALMON AND DILL FISHCAKES

Topped with poached egg on a bed of pak choi £8.00

#### SLOW COOKED BELLY PORK

Served in a sweet & spicy sauce £8.00 (GF)

## GARLIC BUTTERED KING PRAWNS

Served on a bed of pea puree £12.00



#### FRESH PAN FRIED SCALLOPS

Served on top of black pudding topped with pea puree £12.00

#### BEEF CARPACCIO

Thinly sliced fillet of beef, always served rare with dijon mustard & honey  $_{(GF)}$ 

£12.00

#### HOMEMADE SOUP

Served with homemade bread £7.00 (V)(VG)

## DEEP FRIED CAULIFLOWER PAKORA FLORETS

Served with sweet & spicy sauce  $£7.00_{(V)(VG)}$ 

#### CREAMY GARLIC MUSHROOMS

Served on toasted ciabatta £7.00 (V)

#### POACHED COD TAIL

Served on top of buttered asparagus & freshly squeezed lemon juice
£9.00

#### HOMEMADE SPICY MEATBALLS

Served with a sweet tomato sauce drizzled with minted yoghurt & a side of pitta bread

£8.00



## M A I N D I S H E S

## LEMON & HERB CHICKEN SUPREME\*

Served on a bed of mixed dried fruit, cous cous & drizzled with minted yoghurt

£ 18.00

## OVEN BAKED CHICKEN SUPREME \*

Served in a rich chicken jus £18.00

#### POACHED HADDOCK FILLET \*

Served with a garlic verde sauce and mushrooms £19.00

#### PAN FRIED MONKFISH FILLETS \*

Served in a parsley and garlic butter £22.00

#### PAN SEARED SALMON STEAK \*

Served with sauce vierge with homemade mango & chilli salsa

£21.00

#### PORK TENDERLOIN \*

Served with roasted strawberries with creamy course grain mustard sauce

£18.00



#### PAN FRIED DUCK BREAST\*

Served with sweet blackberry & honey sauce £23.00

#### CLASSIC DUCK À L'ORANGE \*

Served with a deep savory and bright citrus jus

#### CLASSIC PASTA CARBONARA

Served with garlic bread £18.00

#### RACK OF LAMB

Served with chive and garlic mash & a rich red wine & rosemary jus
£23.00

#### THE LOFTY LOFT BURGER

80z beef burger with bacon, cheese, French onion rings and served in a brioche bun with homemade chips
£16.00

#### CHOICE OF POTATO

Creamy chive & garlic mash
Lyonnaise potatoes
Dauphinoise potatoes
Homemade chips



# V E G E T A R I A N & V E G A N M A I N D I S H E S

## WILD MUSHROOM & ASPARAGUS RISOTTO

£15.00

#### AROMATIC GARDEN BURGER

Served with homemade chips £16.00

## MOROCCAN VEGETABLE TAGINE

£14.00



## FROM THE GRILL

#### 10 OZ SIRLOIN STEAK

£27.00

8 OZ FILLET STEAK

£32.00

6 OZ FILLET STEAK

£26.00

10 OZ RIB EYE STEAK

£24.00

## GRILL OPTIONS INCLUDE A CHOICE OF POTATO & VEGETABLE SIDE

#### **POTATO**

Creamy chive & garlic mash

£5.00 (V)(GF)

Lyonnaise potatoes

£5.00 (V)(GF)

Dauphinoise potatoes

£6.00 (V)

Homemade chips

£5.00 (V)(VG)



#### VEGETABLE

Buttered Asparagus £5.00

Sauteed tenderstem broccoli £4.00(V)(GF)

Mushrooms in garlic butter £5.00 (V)(GF)

Honey glazed carrots £5.00 (V)(GF)

Minted peas
£5.00 (V)(GF)

#### SAUCES

Peppercorn sauce £4.00

Diane sauce £4.00

Chimichurri sauce £3.00<sub>(V)(VG)</sub>

Garlic butter £3.00(V)



## C H I L D R E N ' S M E N U

#### S T A R T E R S

#### MOZZARELLA STICKS

£4.00

#### HOMEMADE SOUP

£4.00

#### GARLIC BREAD

£4.00

#### MAINS

4 OZ FILLET STEAK

£14.00

BEEF BURGER

£9.00

FISH GOUJONS

£9.00

CHICKEN GOUJONS

£9.00

**VEGETARIAN GOUJONS** 

£9.00



# THE GLYN CLYDACH, LONGFORD ROAD, SA10 7AJ

TEL: 01792 818411

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